

Lydia Hansen

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            |          | 2:24.81  | 28.59   |         | 1:01.82  |          | 1:05.43  |            |
| 2024-2025 Best Times   |            |          | 2:22.92  |         | 1:13.69 | 1:00.34  |          | 1:05.19  |            |
| Viewmont @ Alta        | 11-14-2025 |          |          | 28.11   |         | 1:01.93  |          | 1:08.13  |            |
| Alta @ Skyline         | 11-20-2025 |          | 2:32.59  |         |         |          |          | 1:09.59  |            |
| Alta at Olympus        | 11-24-2025 |          | 2:35.23  |         |         |          |          | 1:10.67  |            |
| 2526 Alta vs. Box Elde | 12-09-2025 |          |          | 28.00   |         | 1:02.64  |          | 1:10.27  |            |
| Canyons District Champ | 12-16-2025 |          |          |         |         | 1:01.65  |          | 1:09.92  |            |
| Alta @ Riverton        | 01-06-2026 |          |          |         |         | 1:01.14  |          | 1:09.37  |            |
| Woods Cross, Bountiful | 01-08-2026 |          |          |         |         | 1:01.14  |          | 1:09.98  |            |
| Juan Diego @ Alta      | 01-13-2026 |          |          | 28.56   |         |          |          | 1:08.81  |            |
| 25-26 Alta vs MRHS     | 01-20-2026 |          | 2:31.51  |         |         |          |          | 1:11.79  |            |
| Alta @ Corner Canyon26 | 01-22-2026 |          |          |         |         | 1:01.89  |          | 1:10.78  |            |
| Region 6 Championships | 02-07-2026 |          | 2:21.85  |         |         |          |          | 1:04.95  |            |
| 5A Utah High School St | 02-20-2026 |          | 2:23.68  |         |         |          |          | 1:04.83  |            |

2022-2023 2023-2024 2024-2025 2025-2026

