

Adilynn Higgs

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            |          |          | 35.49   |         | 1:20.85  |          | 1:27.27  |            |
| 2024-2025 Best Times   |            |          |          | 34.72   |         | 1:20.45  |          | 1:24.46  |            |
| Viewmont @ Alta        | 11-14-2025 |          |          | 35.97   |         |          |          | 1:28.09  |            |
| Alta @ Skyline         | 11-20-2025 |          |          | 37.06   |         |          |          | 1:27.65  |            |
| Alta at Olympus        | 11-24-2025 |          |          | 37.07   |         |          |          | 1:28.75  |            |
| Taylorville HS vs. AL  | 12-02-2025 |          |          |         |         |          |          | 1:32.30  |            |
| 2526 Alta vs. Box Elde | 12-09-2025 |          |          |         |         | 1:23.48  |          | 1:31.41  |            |
| Alta @ Riverton        | 01-06-2026 |          |          | 36.34   |         |          |          | 1:29.73  |            |
| Woods Cross, Bountiful | 01-08-2026 |          |          | 36.30   |         |          |          | 1:29.40  |            |
| Juan Diego @ Alta      | 01-13-2026 |          |          | 35.99   |         |          |          | 1:30.27  |            |
| 25-26 Alta vs MRHS     | 01-20-2026 |          |          | 36.91   |         |          |          | 1:29.52  |            |
| Alta @ Corner Canyon26 | 01-22-2026 |          |          | 38.13   |         |          |          | 1:31.07  |            |
| Region 6 Championships | 02-07-2026 |          |          | 35.78   |         |          |          | 1:28.16  |            |

2022-2023 2023-2024 2024-2025 2025-2026

