

# Joseph Harding

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:52.10	3:08.12	34.11		1:17.06	7:53.25	1:35.09	1:31.29
Grand, Carbon@ EHS	11-25-2025	3:05.91				1:22.54			
2025 CV Invite	12-05-2025	2:55.08							1:22.59
Emery, Uintah @ Carbon	12-10-2025						8:11.17		1:23.48
Union, Carbon@ EHS	12-12-2025						8:02.79		1:24.60
seniormeet26@grand	01-09-2026								1:22.57
Cedar Jan Senior Meet	01-16-2026			32.09		1:12.05			1:22.83
Last Chance Invitation	01-24-2026	2:49.50							1:21.69
Region 13 Championship	01-30-2026					1:13.91			1:20.17
3A Utah High School St	02-13-2026								1:20.46

2022-2023 2023-2024 2024-2025 2025-2026

