

Derek Balmforth

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
2526 Box Elder Invite	11-01-2025			31.70		1:09.65			
Green Canyon @ Bear Ri	11-04-2025			30.93	1:41.71				
Bear River vs. Clearfi	11-11-2025	2:43.42		36.43		1:11.53			
Bear River vs. Northri	11-13-2025			31.45					1:29.38
2526 Bear River and Bo	11-17-2025			31.59		1:18.19	7:13.49		
Bear River vs. Fremont	12-09-2025			31.54	1:32.71				
North Region Invitatio	12-12-2025			31.21					1:28.37
Bear River vs. Ogden	12-18-2025			30.42					1:28.29
Bear River High School	12-19-2025		2:52.22						
Bear River vs. Stansbu	01-15-2026			29.72					1:25.81
Ridgeline vs. Bear Riv	01-22-2026			30.85		1:17.63		1:21.10	

2022-2023 2023-2024 2024-2025 2025-2026

