

# Addison Adams

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				51.10		1:52.24			
2024-2025 Best Times		3:46.44		45.14		1:44.38		2:14.23	1:58.97
Region 8 Opener 25	11-01-2025					1:37.93			1:52.86
Volunteers Meet 25	11-12-2025			43.17					
2025 Thanksgiving Invi	11-21-2025					1:38.79			1:53.42
Quad at Timpanogos	12-04-2025	3:42.74				1:48.08			
Alpine Distrcit Invite	12-13-2025			44.86					1:54.84
THS&DPHS@THS - copied	01-06-2026		4:16.22						
Red Rock Invite	01-10-2026			44.39				2:26.90	
Region 8 Championships	01-30-2026								1:47.16

2022-2023 2023-2024 2024-2025 2025-2026

