

Hayden F DeBerard

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		3:11.18		39.33	2:33.07	1:31.35	9:41.11	1:50.78	
2024-2025 Best Times		3:07.60	3:59.35	37.62	2:19.76	1:23.76	8:03.91	1:47.80	2:18.09
Region 8 Opener 25	11-01-2025			36.83			8:10.57		
Richard Coston Invitat	11-07-2025	3:04.01				1:22.53			
Emery & Uintah @ Union	11-12-2025		3:38.31					1:43.89	
Mountain View @ Uintah	11-17-2025	3:04.57			2:11.98				
Provo vs. Mountain Vie	11-24-2025	3:03.90							2:05.56
Quad at Timpanogos	12-04-2025		3:43.12					1:44.47	
Emery, Uintah @ Carbon	12-10-2025			37.13			8:20.28		
THS Mel Roberts Invita	12-19-2025			36.51					2:00.14
Orem and Union @ Uinta	01-09-2026		3:45.79				8:10.44		
Swimvitational 26	01-17-2026	2:55.90		36.78					
Tooele @ Uintah Jan 20	01-23-2026					1:19.65		1:39.13	
Region 8 Championships	01-30-2026					1:17.94			1:57.19

2022-2023 2023-2024 2024-2025 2025-2026

