

McKay Kowallis

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		3:19.71	3:27.02	38.90	2:01.80	1:22.58		1:44.21	1:57.73
2024-2025 Best Times		2:41.87	2:59.61	32.55	1:28.58	1:13.40	7:28.55	1:28.34	1:42.54
2526 Box Elder Invite	11-01-2025		3:06.30					1:25.94	
Green Canyon @ Bear Ri	11-04-2025	2:35.93						1:25.98	
Bear River vs. Clearfi	11-11-2025		3:01.22				7:18.61		
Bear River vs. Northri	11-13-2025		3:04.00	32.14				1:25.19	
2526 Bear River and Bo	11-17-2025		3:07.93		1:32.26				
Region Invite 2025	11-21-2025		3:02.51		1:32.84				
Bear River vs. Fremont	12-09-2025		2:56.98	30.23		1:13.37	6:58.16		
North Region Invitatio	12-12-2025	2:30.95	2:53.67						
Bear River vs. Ogden	12-18-2025	2:37.29					6:49.85		
Bear River High School	12-19-2025		2:52.15				8:09.03		
Bear River vs. Stansbu	01-15-2026			29.48		1:13.68	6:39.29		
Ridgeline vs. Bear Riv	01-22-2026	2:26.53					6:40.44		
Region 11 Championship	01-29-2026	2:17.85	2:55.81						

2022-2023 2023-2024 2024-2025 2025-2026

