

Loyal Cook

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2023-2024 Best Times		2:43.49	2:58.94	30.75		1:08.45		1:23.41	1:26.84
2024-2025 Best Times		2:21.39	2:33.98	28.64		1:02.70		1:17.70	1:17.18
2025-2026 Best Times		2:20.55	2:39.96	27.72		1:02.21	6:34.87		1:19.91

2023-2024 2024-2025 2025-2026 2026-2027

